



I want a grown up to listen to me!

Helping children and young people

Call us: **0808 808 1001**
0151 649 8700

Visit our website: **www.nyas.net**

Email us: **help@nyas.net**

Advocacy, confidential
advice and legal
representation



NYAS Helpline
0808 808 1001
Weekdays 9am-8pm, Saturdays 10am-4pm



Head Office:
Egerton House Tower Road Wirral CH41 1FN
Tel. 0151 649 8700
www.nyas.net
Charity Registration No. 1012485



Design by www.hunterbrown.co.uk 20101113



I'm really worried

I'm scared

I'm unhappy where I live

I am being bullied

I don't like what's happening to me

I want to stay where I am



The people at NYAS can help.
We will listen and we will do our best to help you.
You can ring us, or email us.

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